

Nindilingarri Cultural Health Services Spiritual Health Program

Oral - Power Point Presentation

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Nindilingarri Cultural Health Service based in Fitzroy Crossing is a locally established Aboriginal Health Service

In 1995 Fitzroy was given the opportunity of establishing their own Aboriginal Medical Service, through a community consultation process in 1995 with all 45 communities, the community wanted a more holistic locally governed and culturally appropriate service that worked in partnership with all Health Services servicing the valley

Health Promotion Programs

Aboriginal Environmental Health support Team

Nutrition Program

Sexual Health Program

Child Health Program

Spiritual Health Program

First Aid Program

Drug and Alcohol service

Fitzroy Valley Health Services Partnership

We have recently established a formal partnership with the Western Australian Country Health Service which sets out the roles and responsibilities of both services

The Fitzroy Valley Health Service has the responsibility for acute and clinical services

Nindilingarri are responsible for Prevention, Health Promotion and Environmental Health Support.

The service covers approximately 45 communities in what is known as the Fitzroy Valley Service area, there are four main tribal groups in the valley Walmadjarri, Bunuba, Gooniyandi, Wangkatjunka, traditional connection to Country and Lore is still practiced, our governing committee is made up of representatives, individually chosen by and from the four main language groups.

Spiritual Health Program 1998 - 2008

The Spiritual Health program established in 1998 to assist in improving Mental Health & wellbeing by helping people to express themselves through their own Songs and Languages, relating to their own thoughts feelings and life experiences and to establish local networks to develop and record Health Promotion messages for use in the Fitzroy valley

The songs are recorded over a 1 or 2 week period in the communities depending on size, and are open to all that want to take part in the program encouragement support or assistance is given to anyone willing to be a part of the program.

Music, Dance, Painting, or Story telling still remains a powerful means of expression and passing on information for people of all cultures and backgrounds, more importantly for us, it is also big part of Aboriginal Culture locally.

In most cases our people are naturally gifted and talented in these areas, with very little persuasion, find it easy to take part, and become involved in programs creating important and vital links for our current and future Health Promotion programs and activities.